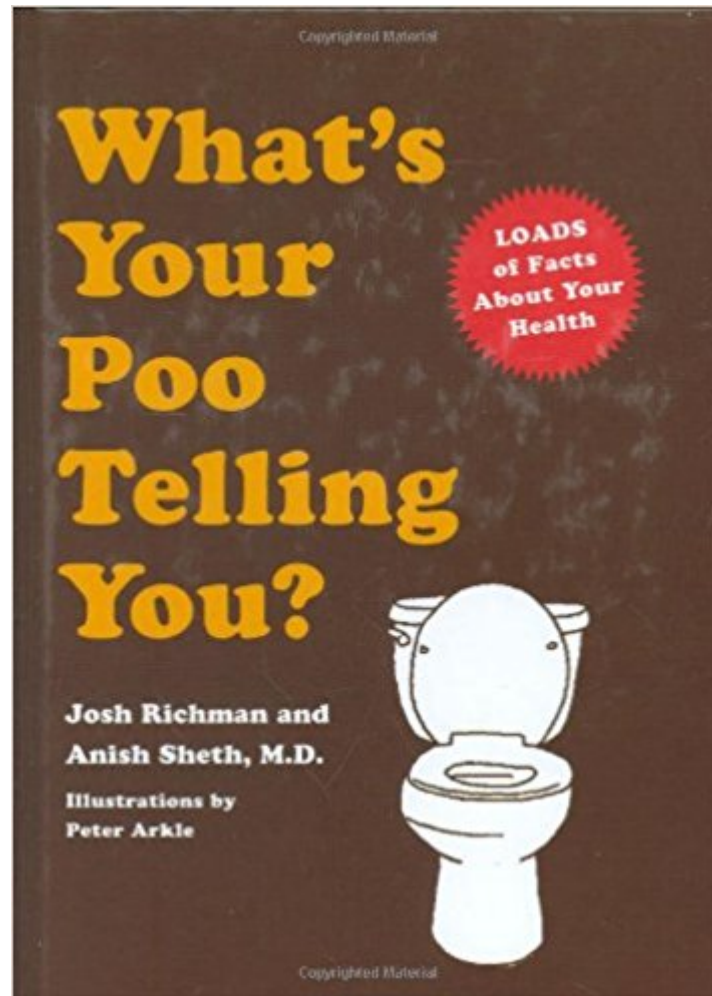




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What's Your Poo Telling You?



Synopsis

With universal appeal (everyone poops, after all), this witty, illustrated description of over two dozen dookies (each with a medical explanation written by a doctor) details what one can learn about health and well-being by studying what's in the bowl. A floater? It's probably due to a buildup of gas. Now think back on last night's dinner, a burrito perhaps? . . . All the greatest hits are here: The Log Jam, The Glass Shard, The Deja Poo, The Hanging Chad . . . the list goes on. Sidebars, trivia, over 60 euphemisms for number 2, and unusual case histories all make this the ultimate bathroom reader. Who knew you could learn so much from your poo?

Book Information

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Average Customer Review: 4.5 out of 5 stars 524 customer reviews

Best Sellers Rank: #12,582 in Books (See Top 100 in Books) #20 in [Books > Humor & Entertainment > Humor > Parodies](#) #44 in [Books > Humor & Entertainment > Humor > Love, Sex & Marriage](#) #377 in [Books > Health, Fitness & Dieting > Diets & Weight Loss](#)

Customer Reviews

Anish Sheth, M.D., is a gastroenterology fellow at Yale and lives in Connecticut. Josh Richman has an MBA from Stanford University and lives in the San Francisco Bay Area.

If you ever wondered why is your "product in the bowl" the way it is, you will find the answers right here. Describing every type of "poop", you will learn and laugh along. It is written eloquently, with a sophisticated smoothness which (minding the book's focus of content) creates a humorous outcome. This book doesn't consists of inappropriate vocabulary, its aim is to inform and entertain at the same time. You will learn. You will laugh. Some of the chapters are: " Monster Poo, Pebble Poo, Camouflage Poo, Hanging Chad, Number Three, Ring of Fire..." There are people who would not want to read about this subject. They will never have the understanding then. If you have a curious mind and a decent amount of sense of humor, you will appreciate this book.

I read this little book in one sitting - but not on the loo, even though my husband did set it beside the commode! It's a very informative read and you will learn the good, the bad and the downright ugly about your 'business'? It's a lighthearted read, but does give you some advice on what might be something you need to ask your doctor about. For instance if you see blood in the commode - it may just be the fact you had a feed of Beets or if not to seek medical advice. Full of little anecdotes with some fun illustrations. You will learn some useful tips - like not to leave your toothbrush near your commode - read the book and it will explain why!

This book is THE BEST! I bought it as a Christmas gift for a friend and liked it SO much, I bought another for our guest bathroom! We have a small basket of books on top of the guest toilet and this is BY FAR everyones favorite book to look at while sitting in the loo! It tells you everything you want to know about what your poo is telling you! What color/texture/ and smell are telling you about what you ate, what you did, and what your body needs :) Seriously great buy!

Hilarious. It is a tiny book with about 92 pages on everything you need to know about poo. My mom has Diverticulitis and she needs to have regular bowel movements. I bought this and a log book so she can keep track of everything. This book tells about different kinds of poo and gives them crazy names. After Dr. Poo describes what causes that kind and what to do. It is very funny
but informative. A great to read while sitting on the pot.

This book was a big hit. Because we are the type of family we are, the book was talked about at the Christmas Dinner table. Each person sitting at the table read one passage, then a discussion period followed. Great fun, and there were also so helpful, healthful and educational takeaways as well. We are all more informed on what we leave behind and what it means, or could mean - dietary changes, behavioral changes, or medical attention. It was smaller than I thought it would be, but it fits in a pocket and is handy. Great buy. I may have found a new Christmas Tradition! Cheers.

Bought it as a gift for my boss. Who knew there were so many facts about Poo??? Ones that will make you laugh and some that will disgust you!

This is one of my favorite bathroom books of all time. Great gift book for anyone who has a good sense of humor and a great addition to the bathroom reading collection!

Interesting read. Comical but informative. I have a 'no cell phones in the restroom' rule at my house, so I provided this reading material for those extended trips.

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